

Join our study



PES University

Department of Computer Science
and Engineering



**PESU
IMSR**

PESU- AYUSHMAN

A PES University Initiative for Successful Aging

This study is part of the PESU Ayushman Healthy Aging initiative, focusing on the preventive health and well-being

What to expect:

- Participation involves answering simple questions about:
 - Daily activities
 - Memory and thinking
 - Mood ,lifestyle and social life.
- Basic health measurements, such as height,weight, and blood pressure.
- A small blood sample will be collected for basic health assessments
- Your data helps generate:
 - A healthy aging score.
 - Personalized insights into physical, mental, and social well-being.
- Participation is voluntary, confidential, and based on informed consent.
- Blood sample collection will be done by trained personnel following standard safety and hygiene protocols.
- You will get a complete blood profile test free of cost

Why is this important?

Aging is not just about age; Lifestyle health,mental ,well-being and environment allplay a role.

This study helps us to :

- Identify early signs of health decline.
- Understand strategies to address risk areas for support preventive care

Who can participate?

- Adults 40 years and above.
- People from any background.
- Willing to share basic health information and blood sample

PARTICIPATE NOW!!

Scan to join the Study:



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*This study supports preventive health assessment, under the PESU Ayushman initiative and does not replace medical consultation.